

FRESH-FACED BEAUTY



SPRING IS HERE AND NEW LIGHT MAKE-UP TRENDS ARE JUST AROUND THE CORNER. IT'S TIME TO DEEP CLEAN YOUR SKIN WITH OUR PICK OF THE VERY LATEST HIGH-PERFORMANCE PRODUCTS

WORDS SALLY NORTON

NEW CLEANSING SOLUTIONS

The latest innovative cleansers mean you can forget soap and water.

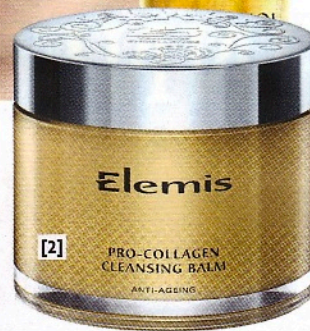
* Cleansers containing micellar water are big news. They take their name from micelles – tiny round balls of cleansing molecules in the formulation that sweep away oil in an instant. Try Simple Kind To Skin Micellar Cleansing Water, £4.49. simple.co.uk [1]



* The new gel-to-oil cleansers are a joy to use. The gel formulation transforms into oil on your skin to dissolve dirt and leave skin deep-down clean. Try Bliss Fabulous Makeup Melt, £24.

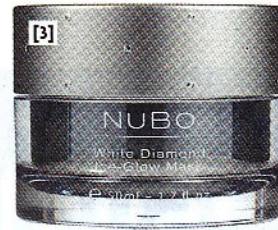
blissworld.co.uk

* The best cleansing balms are bigger and better than ever. Our favourite is Elemis Pro-Collagen Cleansing Balm Special Edition, £55 for a whopping 200g, jam-packed with essential oils. elemis.com [2]



PORE-TIGHTENING TECHNOLOGY

Sagging skin and enlarged pores are a problem for women of all ages. Step forward Kiehl's Precision Lifting & Pore Tightening Concentrate, £49, which shrinks pores and improves the skin's bounce-back factor. kiehls.co.uk [8]



MODERN MASKS

The newest masks are all about delivering skin benefits without irritation.

* Microencapsulation is a buzzword in beauty at the moment – allowing precious ingredients to be held in the formulation inside tiny shells until they come into contact with your skin. NuBo White Diamond Ice-Glow Mask, £100, is particularly good at calming and revitalising skin. Available from Harrods. nubo.com [3]

* Join the trend for using highly nourishing oils as a mask, either applied directly onto the skin or mixed into an existing moisturiser or cream mask. We like Vichy Neovadiol Magistral Elixir, £29.75. vichy.co.uk [4]



SKIN SUPPLEMENTS

Drink your way to beautiful skin with the latest nutriscosmetic skincare supplements.

* Dr Skin's Sun Drink is formulated with skin-friendly lycopene, beta carotene, vitamins and minerals to prepare your skin for the sunny times ahead. It tastes just like orange juice. Priced at £11.90 for a box of five mini bottles. dr-skins.co.uk [7]

* The antioxidant glutathione is big news in skincare products for its healing and protective properties.

Taken as a supplement, it's said to brighten skin and give it a glow. Take two teaspoons of Fountain The Glow Molecule, £38, neat or mixed with water. fountainbeauty.com [6]



* Eau Thermale Avène Cleanance Expert, £15, is oil-free and hydrating, making it perfect for adult acne. avene.co.uk [5]

* Murad Blemish Clearing Solution, £39.50, helps unclog pores and soothe inflamed skin quickly. murad.co.uk

