



ROUTINE CHECK

As the seasons change, so should skincare routines. Wondering where to start? Here are our suggestions for an age-specific cabinet reshuffle

BY REBECCA BAIQ / PHOTOGRAPHER PANI PAUL



AFTERSHAVE

25 and over: Soothing post-shave irritation, NuBo's Cell Dynamic Cooling Aftershave Moisturiser hydrates with a paraben- and synthetic-fragrance-free formula to leave skin feeling refreshed.

35 and over: From age 35, collagen production begins to slow, making skin less resistant to the harsh effects of shaving. Dior Homme Dermo System Repairing After-Shave Lotion helps to soothe razor burn.

45 and over: The Renewal Oil from Crème de la Mer includes a combination of nourishing oils, sea-sourced actives and the brand's nutrient-rich Miracle Broth, to strengthen the skin barrier over time.



CLOCKWISE, FROM TOP LEFT NuBo Cooling Aftershave Moisturiser 30ml, £80; Perricone MD Chia Serum 30ml, £62; Dr Sebugh Signature Serum 30ml, £480; 111Skin Celestial Black Diamond Serum 30ml, £360; Crème de la Mer Renewal Oil 30ml, £155; Dior Homme Dermo System Repairing After-Shave Lotion 100ml, £48



SERUM

25 and over: For a healthy-looking complexion, Perricone MD's Chia Serum infuses skin with extracts of chia oil and essential vitamins. It's also lightweight, for those prone to oiliness.

35 and over: Containing a range of powerful moisturisers and antioxidants, Dr Sebugh's Signature Serum aims to even out skin tone and encourage cellular repair.

45 and over: 111Skin collaborated with space scientists to develop NAC Y2 – a concentrate in its Celestial Black Diamond Serum designed to protect skin against external aggressors and harmful free radicals.